

NOTE
Contact Surgeon before giving any medication marked with an asterisk. In an emergency or during Loss of Signal, begin appropriate treatment; then call Surgeon as soon as possible.

1. Evaluate vital signs and record every 5 minutes.

	Time (minutes)	0	5	10	15	20	25	30
AMP	Blood Pressure (AMP-1)							
	Pulse							
	Respiratory Rate							
AMP	Temperature (P3-A2)							

2. Describe pain.

Location
Severity (1-10), 10 being worse
Constant vs. intermittent
Sharp vs. dull
Radiating vs. localized
Burning vs. cramping
What makes pain better or worse?
 Position
 Meals
 Bowel movements
 Urination
 Duration of pain

ABDOMINAL PAIN

(ISS MED/3A - ALL/FIN)

Page 2 of 6 pages

3. Perform abdominal exam.

Perform Visual inspection.
For bruises, swelling

For vomiting or diarrhea
(inspect for blood: black/red color)

Bowel sounds with Stethoscope
(type, frequency)

Palpation (rigid, pain, guarding, localized)

3.1 If urinary symptoms (burning, frequency, pain, discomfort), refer to
{BLADDER/KIDNEY INFECTION} (SODF: ISS MED: A THROUGH B).

3.2 If unable to urinate, refer to {URINARY RETENTION} (SODF: ISS MED:
O THROUGH Z).

4. NAUSEA/VOMITING

Treatment

Maintain fluid intake.

Drink small volumes frequently as tolerated.

DRUG HELP
1. Use oral Phenergan tablets if nausea is mild and patient is able to keep pills down.
2. If patient is vomiting such that pills cannot stay down or are provocative, use Compazine Suppository.
3. If stronger and more rapid effect needed, go to injectable Phenergan.
4. The main side effect of both Compazine and Phenergan is drowsiness/sedation.
5. Should not be used together with the following drugs as they may cause excessive drowsiness: Ambien, Benadryl, Claritin, Compazine, Demerol, Dilantin, Haldol, Morphine, Restoril, Valium, Vicodin, Soma, Grandaxin, Persen, Phenazepam, Phenibut, Radedorm, Relanium, Rudotel, Suprastin, Tavegil, Xanax.
6. Spasms of head, neck muscles may occur with intramuscular injection of Phenergan.

AMP
(blue)

Phenergan, Oral (Promethazine) (P1-B22) - Antinausea, antihistamine

Dose: 1-2 tablets every 4 to 6 hours as needed

WARNING
Possible severe side effects of Phenergan Muscles tight, contracted Eyes may be 'rolled up' into head (rare reaction) Sedation, inability to concentrate, drowsiness, dizziness, blurred or double vision, nausea, rash

ABDOMINAL PAIN

(ISS MED/3A - ALL/FIN)

Page 4 of 6 pages

Treatment for Phenergan Reaction

ALSP
(red)

1. Diphenhydramine (Benadryl) (Injectable 14 --- 17)

Dose: Inject 1 ml intramuscularly.

Refer to {INJECTIONS - INTRAMUSCULAR}, {INJECTIONS - TUBEX INJECTOR} (SODF: ISS MED: INJECTIONS/IV).

2. Contact Surgeon.

AMP
(blue)

3. Compazine Suppository (Prochlorperazine), Rectal (P4-B1) -
Suppositories for antinausea

Dose: 1 suppository every 12 hours as needed

Possible side effects

Drowsiness, dizziness, blurred vision, rash, low blood pressure, agitation, muscle spasms

5. DIARRHEA

Refer to {DIARRHEA} (SODF: ISS MED: C THROUGH E).

6. UPSET STOMACH

AMP
(blue)

Pepto-Bismol (P4-B1) - Bismuth compound used to treat nausea, indigestion, diarrhea

Dose: Chew 2 tablets every 30 to 60 minutes as needed for a maximum of 16 tablets/day

NOTE

Avoid using in conjunction with Cipro. Ciprobay is the Russian equivalent.

Possible side effects

May turn stool dark in color, may turn tongue black

ABDOMINAL PAIN

(ISS MED/3A - ALL/FIN)

Page 5 of 6 pages

DRUG HELP
1. Use Pepto-Bismol for 'crampy' abdominal pain.
2. Antacids are indicated for 'acid stomach', or acid reflux with bitter taste in mouth.
3. Prilosec is in general not used urgently, so always start with antacids and check with Surgeon when possible. Ground will advise on indication.

AMP
(blue)

Mylanta DS (P2-B4) - Antacid/antiflatulent

Dose: 2-4 tablets well chewed between meals and at bedtime
May take 2 tablets in between this schedule as needed for a maximum of 12 tablets/day.

AMP
(blue)

If severe burning stomach, pain (symptoms of stomach ulcer)
Prilosec (Omeprazole) (P1-A17) - Decreases stomach acid production; used for severe stomach pains or ulcer

Dose: 1 capsule/day

7. FLATULENCE (GAS)

AMP
(blue)

Phazyme-125 (Simethicone) (P1-A6) - Relieves symptoms of gas

Dose: 1 capsule 4 times/day after meals and at bedtime for a maximum of 4 capsules/day unless directed by Surgeon.

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Carbolen (Activated Charcoal) - Used to relieve symptoms of gas

Dose: 1-3 tablets 4 times/day

Possible side effects
Constipation or diarrhea

DRUG HELP

Both Phazyme-125 (Simethicone) and Carbolen (Activated Charcoal), absorb gastrointestinal gas, and both are relatively free of side effects in normal doses. Carbolen is especially helpful in toxicity events, such as medication overdose.

8. [NASOGASTRIC \(NG\) TUBE PROCEDURE](#)

Refer to [{NASOGASTRIC TUBE INSERTION - EMERGENCY}](#) (SODF: ISS MED: EMERGENCY).