#### **BENDS - DECOMPRESSION SICKNESS: DCS**

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#### **SYMPTOMS**

Joint pain Skin tingling Violent coughing Neurologic abnormalities Weakness Changes in sensory ability

- 1. If symptoms occur during EVA, terminate EVA, and contact Surgeon.
- 2. Repress as soon as possible.
- 3. If symptoms resolve

Remain in suit.

Continue 100 % O2 for 1 hour via umbilicals to airlock oxygen tank. Await instruction from ground.

4. If symptoms do not resolve

Remain in suit at maximum pressure.

Breathe 100 % O2 via umbilicals to airlock O2 tank for 2 hours.

Await instruction from ground.

Consider increasing ambient station pressure to maximum.

5. After suit doffing

Limit activity

Push oral fluids (1 L/hour x 2 hours)

# SYMPTOMS NOTED POST SUIT DOFFING

- 1. Contact Surgeon.
- 2. If symptoms resolved

Limit activity

Drink fluids (1 L/hour x 2 hours)

If symptoms not resolved Contact Surgeon.

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# BAROTRAUMA - EAR BLOCK, SINUS BLOCK

# **NOTE**

Symptoms result from reduction in barometric pressure and expansion of trapped gas. Symptoms may occur during decompression preceding EVA or following loss of cabin pressure. Pain should resolve after repress in most cases. Persistent ear pain following repress requires examination.

# **Symptoms**

Abdominal distention
Ear pain
Inability to clear ear
Loss of hearing acuity
Sinus pain
Toothache
Jaw pain

# **Treatment**

AMP (blue) 1. If ear pain persists following repress, perform Otoscope Exam (Physical Exam-9).

Look for the following signs:

Red, inflamed ear drum Perforation of eardrum

Drainage from ear drum, clear or bloody

2. Contact Surgeon with results.