

BREATHING DIFFICULTY

(ISS MED/3A/FIN)

Page 1 of 2 pages

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NOTE

Contact Surgeon before giving any medication marked with an asterisk. In an emergency or during Loss of Signal, begin appropriate treatment; then call Surgeon as soon as possible.

WARNING

If severe respiratory distress at any time, immediately provide ventilatory support as needed. Refer to {CARDIOPULMONARY RESUSCITATION: CPR - VENTILATORY SUPPORT - EMERGENCY} (SODF: ISS MED: EMERGENCY).

1. If difficulty develops during eating and person can talk/cough/whisper, take no action.
If unable to breathe, go to {CHOKING - EMERGENCY} (SODF: ISS MED: EMERGENCY).
2. If difficulty develops after exposure to dust/chemicals and person has wheezing/shortness of breath/vigorous coughing
 - 2.1 Remove from exposure to chemical/irritant.
 - 2.2 Protect others from exposure by removing from area or providing protection with Russian Gas Mask or QDM.
 - 2.3 Attach Pulse Oximeter (Assessment-1) to finger.
Press pb ON

ALSP
(red)

NOTE

For errors and alarms, refer to {PULSE OXIMETER - BATTERY CHANGEOUT} (SODF: MED OPS: MALFUNCTION: HMS).

- 2.4 If O2 saturation < 95 %, administer O2 with Emergency Breathing Apparatus.
- 2.5 Using Stethoscope (ALSP-1), listen to breath sounds for wheezing, crackles, or decrease in breath sounds.

ALSP
(red)

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Page 2 of 2 pages

2.6 Contact Surgeon.

2.7 If wheezing present

ALSP
(red)

Proventil (Albuterol) Inhaler (Airway-20) - Given for shortness of breath due to wheezing

DRUG HELP

Shake the inhaler gently back and forth a few times.
Take one deep breath and exhale normally. Slowly take another deep breath, and about half way into this seal mouth around inhaler tube and squeeze to discharge while inhaling. At this point, hold the breath for several seconds, then exhale normally. Repeat for the second puff.

Dose: Two puffs initially

May repeat in 1 to 2 hours if necessary, then 2 puffs every 4 hours as needed for continued wheezing

Possible side effects

May notice tremor, palpitations, fast heart rate

2.8 Contact Surgeon for further instructions.