1. Administer O2 with Russian Gas Mask (___-1).

2. Description of Pain
   - Location (mid-sternal, left side, right side)
   - Radiating vs. localized
   - Severity (scale of 1-10, 10 being worse)
   - Constant vs. intermittent
   - Duration of pain
   - Sharp vs. burning vs. pressure sensation

3. Evaluate vital signs and record every 5 minutes.

<table>
<thead>
<tr>
<th>Time (minutes)</th>
<th>0</th>
<th>5</th>
<th>10</th>
<th>15</th>
<th>20</th>
<th>25</th>
<th>30</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALSP</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blood Pressure (ALSP-4)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pulse</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ALSP</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Respiratory Rate</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ALSP</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Temperature (Assessment-4)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ALSP</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pulse Oximeter (Assessment-1)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4. Monitor ECG.
   Refer to {CARDIOPULMONARY RESUSCITATION: CPR - ECG DATA STORAGE - EMERGENCY} (SODF: ISS MED: EMERGENCY).

5. Perform chest examination.

   √ Heart Sounds with Stethoscope (ALSP-1)
     - Regular
     - Irregular

   √ Breath Sounds with Stethoscope (ALSP-1)
     - Increased
     - Decreased
     - Absent
     - Crackles
     - Wheezes
6. Contact Surgeon.

7. If Surgeon contact unavailable for several minutes or longer and pain is suggestive of heart attack (such as pressure sensation, central or left-sided, pain radiating to left arm or jaw or sweating) then perform the following.

- **AMP** Ascriptin (Aspirin) - Chew 1 tablet (P1-B1,2) (blue)
- **ALSP** Nitroglycerin tablet.
  - Hold under the tongue until dissolved (Drug-57).
  - Repeat after 5 minutes if no improvement and blood pressure is greater than 95/60.

7.2 Record response to Nitroglycerin.

<table>
<thead>
<tr>
<th>Time administered</th>
<th>0</th>
<th>5</th>
<th>10</th>
<th>15</th>
<th>20</th>
<th>25</th>
<th>30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blood pressure/pulse</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Improvement Y/N?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Second time administered</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blood pressure/pulse</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Improvement Y/N?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>


9. For prevention of further episodes of cardiac pain take

- **Sustac Forte** (Nitroglycerin Depot) - Long acting oral nitroglycerin preparation for treatment and prevention of cardiac chest pain

  - Dose: 1 tablet 2 to 3 times/day

**NOTE**

Use only for the prevention of cardiac pain.

Possible side effects
Headache, facial flushing, tachycardia (rapid heart rate, greater than 100 beats per minute), nausea, decreased blood pressure

-OR-

*Kardiket (Isosorbide Dinitrate) - Oral vascular dilating agent used for treating cardiac chest pain

Dose: 1-2 tablets 2 times/day

**NOTE**
Use only for prevention of cardiac pain.

Possible side effects
Headache, tachycardia (rapid heart rate greater than 100 beats per minute), nausea, decreased blood pressure