

NOSEBLEED

(ISS MED/3A - ALL/FIN)

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NOTE

Contact Surgeon before giving any medication marked with an asterisk. In an emergency or during Loss of Signal, begin appropriate treatment; then call Surgeon as soon as possible.

SIMPLE NOSEBLEED

1. Pinch nose just below nasal bone applying direct, uninterrupted pressure for 10 minutes.

2. If bleeding continues:

Unstow:

AMP
(blue)

Otoscope (Physical Exam-9)
Afrin Nasal Spray (P2-B1)
Silver Nitrate Stick (P2-B3)
Polysporin Ointment (P2-A12)
Cotton Balls (P3-A4)
Gloves, Non-Sterile (P3-B2)
Forceps (Surgical Supply-2)
Nasal Speculum (P3-A6)

3. Don Non-Sterile Gloves.



Figure 1.- Nasal Speculum.

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4. Spray Afrin Nasal Spray on Cotton Balls.
Using Forceps and Nasal Speculum, gently pack Cotton Balls into nose.
Apply pressure from outside for 10 to 15 minutes.
5. Remove Cotton Balls using Forceps.
Nose for bleeding site with Otoscope
6. If bleeding site located, touch area 3 to 4 times with Silver Nitrate Stick.
Silver Nitrate Stick application will cause transient local pain.
7. Apply Polysporin Ointment to affected area using clean Cotton Ball.
8. If bleeding site not located or bleeding continues, maintain pressure and contact Surgeon.

POSTERIOR NASAL PACKING

1. Unstow:
AMP (blue) Saline; 100 ml (P2-A20)
500 ml (ALSP IV-8)
18G Needle (Injectable-13)
Syringe, 10cc (P3-A6)
Bactroban (P4-B1)
Posterior Nasal Packing (P4-B5)
2. Apply Bactroban to Posterior Nasal Packing.
3. Grasp drawstring end of packing, insert in direction of center of head until fully inserted.

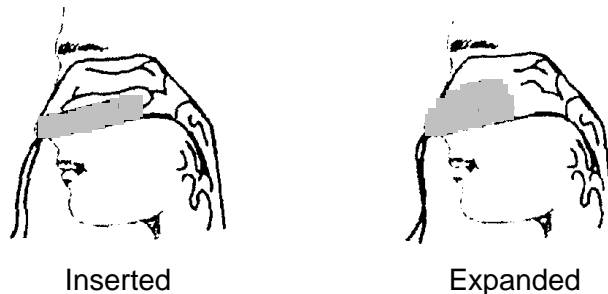


Figure 1.- Posterior Nasal Packing.

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4. If Posterior Nasal Packing not fully expanded 30 seconds after placement
 - 4.1 Place 18G Needle on end of Syringe.
 - 4.2 Insert into port on Saline Bag.
 - 4.3 Fill Syringe with Saline.
 - 4.4 Remove Needle from Syringe.
Recap and temporarily stow.
 - 4.5 Slowly irrigate Posterior Nasal Packing with Saline, allowing Posterior Nasal Packing to fully expand.
5. Posterior Nasal Packing may be left in place up to 48 hours.
Tape drawstring over end of nose, trim excess.
6. If bleeding controlled, refer to ANTIBIOTICS.

ANTIBIOTICS

If Posterior Nasal Packing is to remain in place for more than 12 hours
Amoxil (Amoxicillin) (P1-A13,14,15) - Antibiotic

AMP
(blue)

Dose: 1 capsule 3 times/day

WARNING

Do not use if there is a history of Penicillin
or Cephalosporin allergy.

Possible side effects

Nausea, diarrhea, rash

Contact Surgeon before removing Posterior Nasal Packing.

WARNING

In case of nosebleed, do not administer
Ascriptin or Motrin. Use Tylenol for pain.