

TREATMENT

Decongestants

DRUG HELP
1. Sudafed has a more rapid onset of effect and is shorter acting than Entex LA. It is a simple and effective decongestant, and may also be used prior to any pressure changes (such as EVA) after consultation with Surgeon. Sudafed's main possible side effects are rapid heart rate and "jitteriness."
2. Entex LA contains a decongestant and a medication to loosen secretions. Entex LA is longer acting and milder, and so is a good choice for mild but persistent symptoms. Entex LA's main possible side effects include restlessness and nervousness.
3. Afrin Nasal Spray and Galasolin Nasal Drops are topical nasal decongestants and useful for nasal and ear congestion. These are good agents if mildly congested and any pressure changes are anticipated. Use only as needed and do not use either agent for more than 3 days.
4. AYR Nasal Mist helps to cleanse nasal passages without providing local decongestant effect, so it can be used in combination with any of the above medications.

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Sudafed (Pseudoephedrine) (P1-B16) - Decongestant

Dose: 1-2 tablets every 6 hours as needed

Possible side effects

May cause high blood pressure, rapid heart rate, restlessness

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Entex LA (Phenylpropanolamine/Guaifenesin) (P1-B14,15) -
Decongestant

Dose: 1 tablet every 12 hours as needed

Possible side effects

Insomnia, restlessness, headache, nausea

NOSE CONGESTION

(ISS MED/3A - ALL/FIN)

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Galasolin Nasal Drops - Topical nasal decongestant

Dose: 1-2 drops in each nostril 1 to 3 times/day

Possible side effects

Tachycardia (rapid heart rate greater than 100 beats per minute),
increased blood pressure

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Afrin Nasal Spray (P2-B1) - Topical nasal decongestant

Dose: 1-2 sprays every 12 hours as needed

Possible side effects

Burning, stinging, sneezing, or increased nasal discharge.

Usage more frequently than directed can produce chronic nasal
congestion.

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AYR Nasal Mist (P2-B2)

Dose: 1-2 sprays every 2 hours as needed to cleanse nasal passages