

SHOCK - CIRCULATORY COLLAPSE - EMERGENCY

(ISS MED/3A - ALL/FIN)

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NOTE

The most critical step is identifying and treating the underlying cause.

Basic causes of shock are:

Anaphylaxis - severe allergic reaction

Heart attack

Loss of circulating blood volume (bleeding, burns, dehydration)

Decompression sickness

Venous dilation (allergy, pain, drugs, heat stroke, infection)

High or low body temperature

SIGNS

Pulse - rapid, weak, thready

Respiration - shallow, irregular, labored

Blood Pressure - low, falling

Mental State - confused, sluggish, anxious

Eyes - pupils may be dilated

Skin - cold, clammy, sweating

If no pulse or respiration, perform {CARDIOPULMONARY RESUSCITATION: CPR - EMERGENCY} (SODF: ISS MED: EMERGENCY).

1. Evaluate vital signs and record every 5 minutes every 5 minutes.

	Time (minutes)	0	5	10	15	20	25	30
ALSP	Blood Pressure (ALSP-4)							
	Pulse							
	Respiratory Rate							
ALSP	Temperature (Assessment-4)							
ALSP	Pulse Oximeter (Assessment-3)							

2. Unstow and don Non-Sterile Gloves (ALSP Airway-4,5,6).
If bleeding, control by applying direct pressure using Gauze Pads (Airway-11).
3. Prevent loss of body heat with clothing, sleeping bag, warm environment.

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4. Attach ECG leads.
Refer to {[CARDIOPULMONARY RESUSCITATION: CPR - ECG DATA STORAGE - EMERGENCY](#)} (SODF: ISS MED: EMERGENCY).
5. Contact Surgeon.
6. If no immediate ground communication available, start IV with 1L bag Normal Saline.
Fully open roller clamp assembly to allow maximum flow.
Refer to {[INJECTIONS - NONPOWERED INTRAVENOUS FLUID INFUSION](#)} (SODF: ISS MED: INJECTIONS/IV).