NOTE
The most critical step is identifying and treating the underlying cause.
Basic causes of shock are:
- Anaphylaxis - severe allergic reaction
- Heart attack
- Loss of circulating blood volume (bleeding, burns, dehydration)
- Decompression sickness
- Venous dilation (allergy, pain, drugs, heat stroke, infection)
- High or low body temperature

SIGNS
Pulse - rapid, weak, thready
Respiration - shallow, irregular, labored
Blood Pressure - low, falling
Mental State - confused, sluggish, anxious
Eyes - pupils may be dilated
Skin - cold, clammy, sweating

If no pulse or respiration, perform (CARDIOPULMONARY RESUSCITATION: CPR - EMERGENCY) (SODF: ISS MED: EMERGENCY).

1. Evaluate vital signs and record every 5 minutes every 5 minutes.

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<td>Pulse Oximeter (Assessment-3)</td>
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2. Unstow and don Non-Sterile Gloves (ALSP Airway-4,5,6).
If bleeding, control by applying direct pressure using Gauze Pads (Airway-11).

3. Prevent loss of body heat with clothing, sleeping bag, warm environment.
4. Attach ECG leads.
   Refer to {CARDIOPULMONARY RESUSCITATION: CPR - ECG DATA STORAGE - EMERGENCY} (SODF: ISS MED: EMERGENCY).

5. Contact Surgeon.

6. If no immediate ground communication available, start IV with 1L bag Normal Saline.
   Fully open roller clamp assembly to allow maximum flow.
   Refer to {INJECTIONS - NONPOWERED INTRAVENOUS FLUID INFUSION} (SODF: ISS MED: INJECTIONS/IV).