

STOMACH UPSET - INDIGESTION

(ISS MED/3A - ALL/FIN)

Page 1 of 2 pages

I

NOTE

Contact Surgeon before giving any medication marked with an asterisk. In an emergency or during Loss of Signal, begin appropriate treatment; then call Surgeon as soon as possible.

TREATMENT

DRUG HELP

1. Use Pepto-Bismol for 'crampy' abdominal pain. Antacids are indicated for 'acid stomach', or acid reflux with bitter taste in mouth.
2. Prilosec is not used urgently, so always start with antacids and check with Surgeon when possible. Ground will advise on indication.

AMP
(blue)

Pepto-Bismol Tablets (P4-B1) - Bismuth compound used to treat nausea, indigestion, diarrhea

Dose: Chew 2 tablets every 30 to 60 minutes as needed to maximum of 16 tablets/day.

Possible side effects

May turn stool dark in color, may darken tongue.

AMP
(blue)

Mylanta DS (P2-B4) - Antacid/antiflatulent

Dose: Chew 2-4 tablets between meals and at bedtime.
May take 2 tablets in between this schedule as needed to maximum of 12 tablets/day.

WARNING

Avoid using in conjunction with Cipro (Ciprobay is Russian equivalent).

STOMACH UPSET - INDIGESTION

(ISS MED/3A - ALL/FIN)

Page 2 of 2 pages

AMP
(blue) Prilosec (Omeprazole) (P1-A17) - Decreases stomach acid production;
used for severe stomach pains or ulcer

Dose: 1 capsule every day