

DIARRHEA

(ISS MED/3A - ALL/FIN)

Page 1 of 1 page

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TREATMENT

1. Increase fluid intake.
2. Avoid solid foods, milk products
3. Check oral temperature with Oral Disposable Thermometers (Tempadot) (P3-A2).
4. If temperature > 37.8° C (100° F), contact Surgeon.

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MEDICATION

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Pepto-Bismol (P4-B1) - Bismuth compound used to treat nausea, indigestion, diarrhea

Dose: 2 tablets every 30 to 60 minutes as needed to maximum of 16 tablets/day

Possible side effects
May turn stool dark in color.

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Imodium (Loperamide HCl) (P1-A22,23) - Used to stop diarrhea. Use if symptoms are severe with very frequent stools. If not improved in 24 hours, contact Surgeon.

Dose: 2 capsules initially, then 1 capsule after each unformed stool to maximum of 8 capsules/day

Possible side effects
Abdominal discomfort, nausea, vomiting, constipation, drowsiness, dizziness, dry mouth