

# EYE PROBLEMS - FOREIGN BODY ABRASION

(ISS MED/3A - ALL/FIN)

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## SYMPTOMS

"Grain-of-sand" feeling under eyelid

Pain

Sensitivity to light

Blurred vision

## SIGNS

Red eye

Excess tears

May see foreign body

Area of intense Fluorescein Staining on eye examination, usually irregular in shape

### 1. Diagnosis

Perform {EYE EXAMINATION} (SODF: ISS MED: EYE), including Fluorescein Stain.

2. Contact Surgeon with results.

### 3. Treatment

AMP  
(blue) Mechanical Removal of Foreign Body:

3.1 If foreign body seen, try to remove by flushing eye with Artificial Tears, Refresh (eye drops) (P2-A7).

3.2 Blot excess fluid with towel.

3.3 If unsuccessful, moisten Cotton Swab (P2-B3).

3.4 Try to gently dislodge foreign body by rotating Cotton Swab.

3.5 Return eyelid (if everted) to its normal position by having patient blink.

4. If unsuccessful in removing foreign body, patch eye (skip to step 6) and contact Surgeon.

### 5. Medications

AMP  
(blue) Ciloxan Ophthalmic Solution (Ciprofloxacin) (P2-A11) - Antimicrobial solution for topical ophthalmic use

Dose: 1 drop in affected eye 4 times/day

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### Possible side effects

Local burning or discomfort

Use may result in overgrowth of nonsusceptible organisms, including fungi. Requires close observation.

AMP  
(blue)

Cyclogyl Ophthalmic Solution (Cyclopentolate) (P2-A8)

Dose: 1 drop in affected eye

### Possible side effects

Transient burning, blurred vision due to pupil dilation, sensitivity to light

### WARNING

Do not patch if signs of infection present, patient unable to remove contact lens, or corneal ulcer suspected.

6. Patch eye if directed by Surgeon.

Unstow:

AMP  
(blue)

Eye Pads (2) (P4-A5)

Tape (P3-A8)

6.1 Fold one Eye Pad in half.

Place over closed eyelid.

Cover with second unfolded Eye Pad.

6.2 Tape in place firmly enough so that patient cannot blink eyelid.

6.3 Remove Eye Pad after 24 hours.

Repeat Fluorescein (P4-B4) Stain

Refer to {EYE EXAMINATION} (SODF: ISS MED: EYE).