

# BEHAVIORAL - SUICIDAL - EMERGENCY

(ISS MED/3A - ALL/FIN)

Page 1 of 2 pages

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## NOTE

Contact Surgeon before giving any medication marked with an asterisk. In an emergency or during Loss of Signal, begin appropriate treatment; then call Surgeon as soon as possible.

- ALSP  
(red)
1. Unstow:
    - Drug Subpack
    - Gray Tape
    - Bungees
    - Towels
  2. Talk with the patient while you are restraining him.  
Explain what you are doing, and that you are using a restraint to ensure that he is safe.  
Restrain patient using Gray Tape around wrists, ankles, and use a bungee around the torso.

AMP  
(blue)

3. Administer 5 mg Valium (Diazepam) Oral (P1-A12) - Sedative, anticonvulsant, antiseizure drug

If patient is uncooperative with taking oral dose of Valium (Diazepam), give IM Valium (Diazepam) as noted in step 5.

Possible side effects

Drowsiness, fatigue, nausea, slowed heart rate, blurred vision.  
Romazicon is antidote for overdose.

## NOTE

Backup CMO should remain with restrained crewmember at all times. Confirm presence of radial and pedal pulses. If pulses are weak or faint, loosen restraints.

4. Monitor and record vital signs while the patient is restrained:  
  
If blood pressure, pulse, or breathing is abnormal or unstable, check vital signs approximately every 5 minutes and record values with time.  
  
If and when blood pressure, pulse, and breathing is stable for two or three readings, decrease frequency to every 15 minutes until advised by ground.

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	Time (minutes)						
	Pulse ( radial (#), pedal (±))						
ALSP	Blood Presssure (ALSP-4)						
	Respiratory Rate						
AMP	Temperature (Skin Temp Monitors, P3-A7)						

- ALSP (red) 5. If patient did not take oral Valium, administer 5 mg/ml (half an ampule) Valium (Diazepam) IM (Drug-8,9,10).  
For detailed instructions, refer to {INJECTIONS - INTRAMUSCULAR}  
(SODF: ISS MED: INJECTIONS/IV).



Figure 1.- Intramuscular Injection.

1. Prepare injection site with Alcohol Pad.
2. Stabilize hand on arm and enter skin gently but rapidly perpendicular to surface, about 2-3 cm deep.
3. Withdraw the plunger slightly to look for blood return to ensure that the needle is not in a vessel. If so, withdraw and try again at a diferent site.
4. Inject Medication Cartridge.

**NOTE**  
Valium may cause drowsiness, nausea, vomiting, headache, fatigue. Watch for signs of increased agitation.

6. Contact Surgeon to discuss crewmember status and restraint removal.