

# SLEEP MEDICATION OVERDOSE - EMERGENCY

(ISS MED/3A - ALL/FIN)

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## SIGNS

Confusion  
Lethargy  
Difficulty waking

## SYMPTOMS

Decreased respiratory rate  
Low blood pressure  
Slow heart rate

1. If not breathing, go to {CARDIOPULMONARY RESUSCITATION: CPR - ORAL AIRWAY INSERTION - EMERGENCY} (SODF: ISS MED: EMERGENCY).
2. Perform vital signs and record as necessary every 5 minutes.

	Time (minutes)	0	5	10	15	20	25	30
ALSP	Blood Pressure (ALSP-4)							
	Pulse							
	Respiratory Rate							
ALSP	Temperature (Assessment-4)							
ALSP	Pulse Oximeter (Assessment-1)							

## **WARNING**

Recurrence of sedation can occur if large amounts of sedatives were ingested. Close monitoring is needed for several hours after use. If sedation recurs, repeat dosing below no more often than every 20 minutes.

3. Romazicon (Flumazenil) Injectable (Drug-19 --- 22, 58) - Antidote for overdose of Restoril or Valium  
Refer to {INJECTIONS - BUTTERFLY NEEDLE} (SODF: ISS MED: INJECTIONS/IV).

Dose: Inject 2 ml over 30 seconds.  
Wait 30 seconds.

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If no response, repeat with 3 ml over 30 seconds.

Wait 30 seconds.

If no response, repeat 5 ml over 30 seconds.

If still no response, then symptoms are unlikely due to sedative overdose.

Possible side effects

Dizziness, sweating, headache, blurred vision, nausea, vomiting, agitation

3. Contact Surgeon.